

# CARAMEL

Only the good stuff!



## WHAT YOU NEED

- 1.5 cups of full fat coconut milk
- 2 tbsp of arrowroot powder
- 1 cup of coconut sugar
- 1 tsp of vanilla

Add all ingredients into a small sauce pan.

Whisk on stovetop until reaches a boil.

Remove from heat and continue to whisk for 3 minutes.

## HOW TO ENJOY

Use hot over ice cream or as a chocolate bar filling, or let cool and thicken and use as a topping or fruit dip.

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Lasts 3 days in an airtight container.  
Sometimes only serves 1, since it's that great.